

Ergonomics Assessments

Proactive Ergonomic Risk Management for a Safer, Healthier and More Productive Workplace

Move beyond reacting to injuries and compliance issues. Identify, assess and reduce ergonomic risks before they impact people, performance and costs.

Are Poor Ergonomics Creating Hidden Risks?

Without effective ergonomic risk management, organisations can face:

- ✓ Musculoskeletal disorders (MSDs) and workplace injuries.
- ✓ Increased absenteeism and staff turnover.
- ✓ Reduced productivity and employee engagement.
- ✓ Compliance and regulatory risks.
- ✓ Poor workstation, tool and equipment design.
- ✓ Preventable fatigue, discomfort and physical strain.

Improve Safety.
Support Well-Being.
Enhance Performance.

IHF Approach

- 1. Identify:** Assess workstations, tasks, equipment and environments to identify risks and improvement opportunities.
- 2. Analyse:** Use proven ergonomic assessment tools and methodologies to understand root causes of strain, discomfort and performance issues.
- 3. Control:** Implement practical, cost-effective solutions that improve safety, well-being and productivity.



INTEGRATED HUMAN FACTORS



One thing I have seen over and over again — in every single industry — is that when companies invest in ergonomics, people get hurt less, productivity goes up and costs go down.



Fabio Lemes Dos Santos

Senior Human Factors Consultant
Integrated Human Factors (IHF)

The Benefits

Protect Your People

Reduce the risk of MSDs, fatigue-related errors and workplace injuries.

Improve Productivity

Create working environments that support comfort, efficiency and performance.

Strengthen Compliance

Meet regulatory obligations and demonstrate a proactive approach to workplace health and safety.

Reduce Costs

Lower absenteeism, lost productive work time (LPT) and injury-related costs.

Enhance Employee Experience

Improve worker well-being, morale, engagement and retention.

We do not just identify ergonomic risks, we help organisations build safer, healthier and higher-performing work environments.

Delivering practical solutions that create lasting improvements for workers and organisations alike.



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